

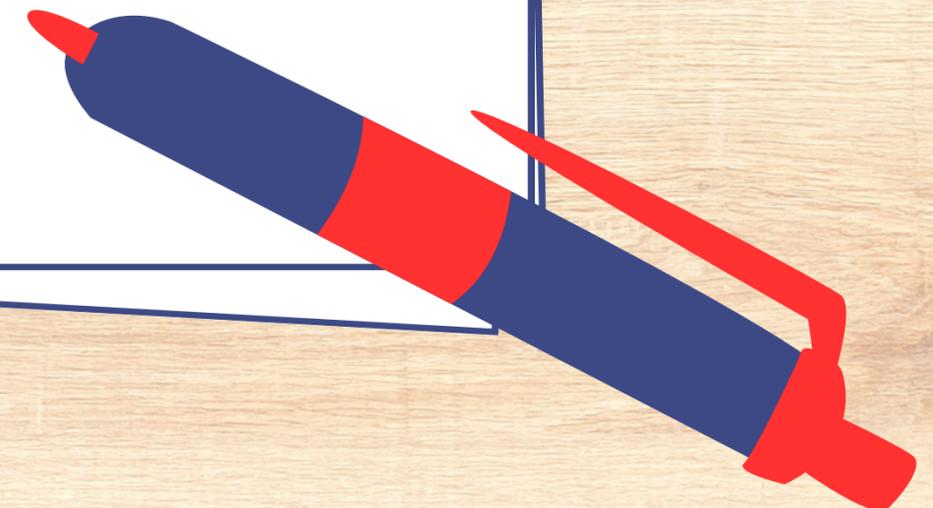


Washington Township Public Schools

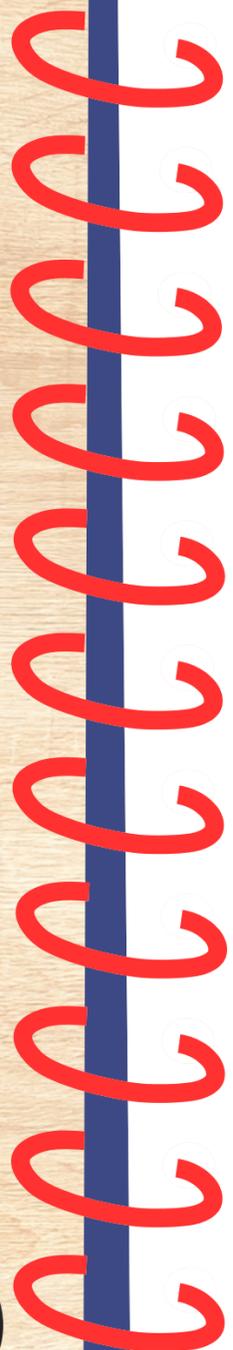
*District School Counseling Department*

*Presents...*

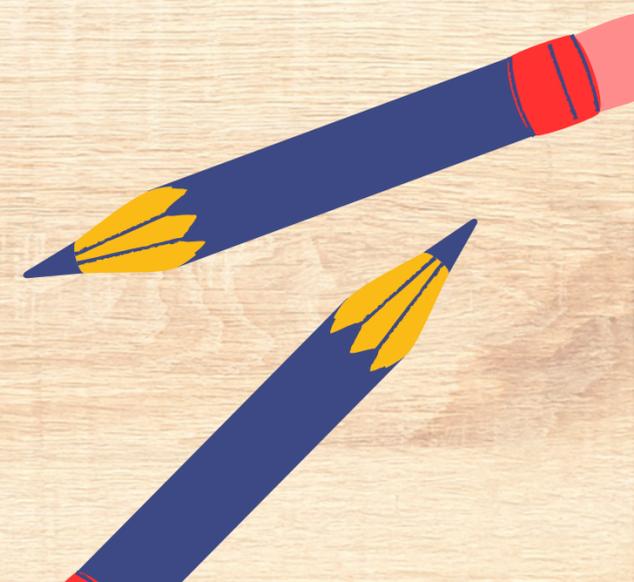
# SOCIAL EMOTIONAL SKILLS



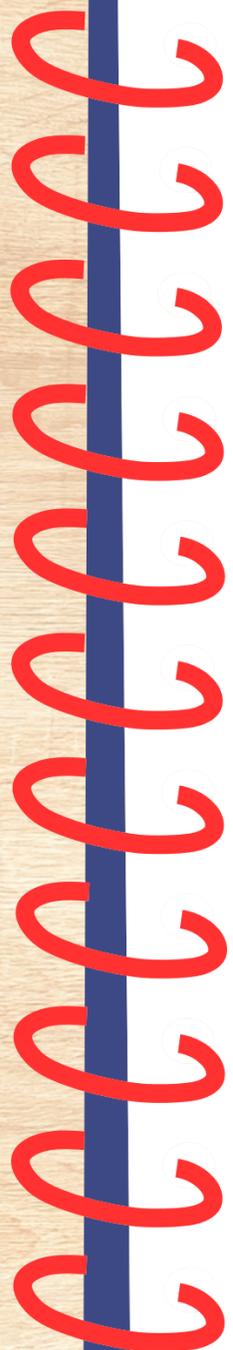
# WHAT ARE SOcial EMOTIONAL SKILLS?



Social Emotional skills are an integral part of education and human development. SE skills are the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

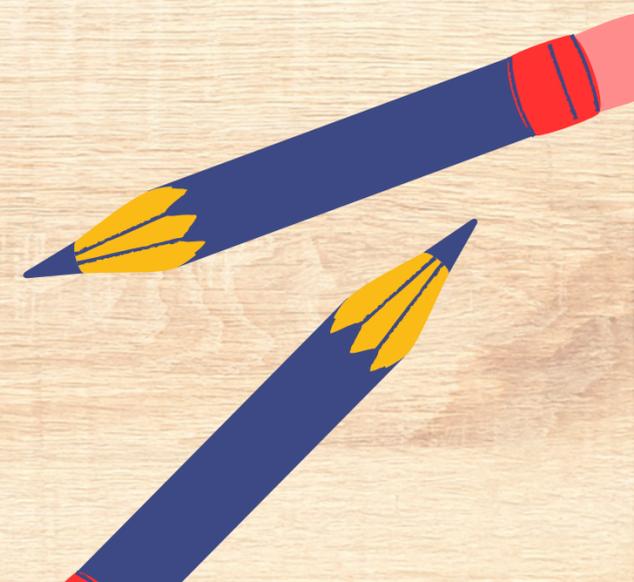


# WHAT ARE SOCCIAL EMMOTIONAL SKILLS?



SE skills also advance educational equity and excellence through authentic school-family-community partnerships to establish learning environments and experiences that feature trusting and collaborative relationships, rigorous and meaningful curriculum and instruction, and ongoing evaluation. SE skills can help address various forms of inequity and empower young people and adults to co-create thriving schools and contribute to safe, healthy, and just communities.

*~ Collaboration for Academic, Social, and Emotional Learning  
(CASEL)*



# FIVE SOcial EMOTIONAL CORE COMPETENCIES & SUB-COMPETENCIES

## Self-Awareness

- Recognize one's feelings and thoughts
- Recognize the impact of one's feelings and thoughts on one's own behavior
- Recognize one's personal traits, strengths, and limitations
- Recognize the importance of self-confidence in handling daily tasks and challenges

## Self-Management

- Understand and practice strategies for managing one's own emotions, thoughts, and behaviors
- Recognize the skills needed to establish and achieve personal and educational goals
- Identify and apply ways to persevere or overcome barriers through alternative methods to achieve one's goals

## Responsible Decision Making

- Develop, implement, and model effective problem-solving and critical thinking skills
- Identify the consequences associated with one's actions in order to make constructive choices
- Evaluate personal, ethical, safety, and civic impact of decisions



# FIVE SOcial EMOTIONAL CORE COMPETENCIES & SUB-COMPETENCIES

## Relationship Skills

- Establish and maintain healthy relationships
- Utilize positive communication and social skills to interact effectively with others
- Identify ways to resist inappropriate social pressure
- Demonstrate the ability to prevent and resolve interpersonal conflicts in constructive ways
- Identify who, when, where, or how to seek help for oneself or others when needed

## Social Awareness

- Recognize and identify the thoughts, feelings, and perspectives of others
- Demonstrate an awareness of the differences among individuals, groups, and others' cultural backgrounds
- Demonstrate an understanding of the need for mutual respect when viewpoints differ
- Demonstrate an awareness of the expectations for social interactions in a variety



# BUILDING BETTER PEOPLE INITIATIVE

*Washington Township  
Public Schools are  
Building Better People  
by helping all students  
achieve success and plan  
for their futures.*

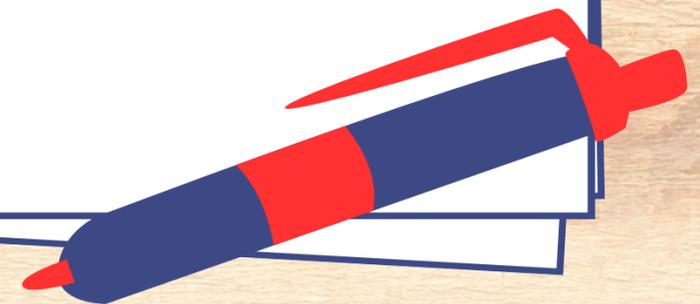


# **S**OCIAL **E**MOTIONAL SURVEY

**Supporting  
Student  
Success**

Our goal is to support the whole student with a research-based **SE** survey assessment

- Provide a valid and reliable way to measure and improve social-emotional needs in our district
- Create a district-wide SE common language and framework
- Build each student's SE skills and competencies
- Promote and enhance student's connection to school, positive behavior, and academic achievement
- Create an environment that is safe, caring, engaging, and where students thrive
- Develop student and staff SE skills and well-being



# SURVEY INFORMATION

## Grades K-2:

Classroom Teachers assigned to your child will complete 7 questions per student for the Social Emotional Teacher Perception Survey.



## Grades 3-5:

Classroom Teachers will select ELA/SEL class time between to offer time for the 38 questions survey taking 13 minutes.



## Grades 6-12:

Social Studies Teachers and Grade 12 ELA Teachers will select a class period during week 1 to offer a time for the 48 questions survey taking 16 minutes.

## Vocabulary:

Teachers also have an opportunity to review the mini-vocabulary lesson with students prior to the taking the survey.

# SURVEY INFORMATION

## Absences:

If a student is absent during the survey time, the assigned School Counselor will hold office time for completion.

## Parent

### Approval:

If a parent declined approval for their child to take the survey, students will not have access to this site and will be offered a mindfulness Body Scan activity or another relevant activity by their teacher.



## Results:

Survey results will be available to parents and assigned school staff.

Our goals are student voice and family engagement in the Social Emotional process for your child.

## Next Steps:

Staff will offer student tiered interventions such as school-wide activities and lessons, short-term individual/group school counseling or appropriate referral.



# THANK YOU FOR SUPPORTING OUR STUDENTS!

*WTPS Counseling Department Team Members*



*Jennifer Grimaldi,*  
Director of District  
School Counseling



*Kelly Chropka,*  
School Counselor at  
Birches Elementary School



*Jenny Kerfoot,*  
School Counselor  
at BHMS



*Nicole Venere,*  
School Counselor  
at WTHS